



Adult Learning and Skills Service



FREE live Online Learning Courses with the Adult Learning & Skills Service

Your teacher will contact you through Skype, via email and on Google classroom. To join one of these courses, you will need access to the internet and an email account. If you have access but need some help to join a course, please email a member of our team.

Course Title	No of weeks	Course Start Date	Course End Date	Course Day	Start time	End time
Cultural Awareness in Safeguarding	3	26/05/2020	09/06/2020	Tuesday	11:00	14:00
Understanding Substance Misuse	3	26/05/2020	09/06/2020	Tuesday	15:00	17:00
Deaf Awareness and Basic Sign Language	4	28/05/2020	18/06/2020	Thursday	10:00	12:00
Understanding Anxiety	3	27/05/2020	10/06/2020	Wednesday	11:00	14:00
Introduction to Mental Health Awareness	3	01/06/2020	15/06/2020	Monday	10:30	13:30
Working with Reminiscence	3	01/06/2020	15/06/2020	Monday	14:00	16:00
Autism Awareness	3	02/06/2020	16/06/2020	Tuesday	13:00	16:00
Introduction to Early Years Education	5	08/06/2020	06/07/2020	Monday	13:00	15:00
Public Speaking Skills	3	16/06/2020	30/06/2020	Tuesday	13:00	14:00
Creative activities Inspired by Animals	3	16/06/2020	30/06/2020	Tuesday	11:00	14:00
Mental Health Awareness Supporting Adults	3	17/06/2020	01/07/2020	Wednesday	11:00	14:00
Coping with Change	1	18/06/2020	18/06/2020	Thursday	13:00	16:00
Effective Communication	3	22/06/2020	06/07/2020	Monday	10:30	13:30
Understanding Mind-set	1	23/06/2020	23/06/2020	Tuesday	13:00	16:00
Managing Anxiety & Stress at Home and Work	3	23/06/2020	07/07/2020	Tuesday	10:30	13:30
Introduction to Mental Health Awareness	3	24/06/2020	08/07/2020	Wednesday	10:30	13:30
Sewing Skills for Home Textiles	4	24/06/2020	15/07/2020	Wednesday	18:30	20:30
People Skills	3	24/06/2020	08/07/2020	Wednesday	11:00	14:00
Understanding Motivation	1	25/06/2020	25/06/2020	Thursday	13:00	16:00
Extend your British Sign Language	3	25/06/2020	09/07/2020	Thursday	10:00	12:00
Confidentiality - Information Sharing and consent	3	29/06/2020	13/07/2020	Monday	11:00	14:00
Developing Assertiveness	1	30/06/2020	30/06/2020	Tuesday	13:00	16:00
Overcoming Loneliness and Isolation	3	30/06/2020	14/07/2020	Tuesday	11:00	14:00
Creative Thinking	2	02/07/2020	07/07/2020	Tuesday	13:00	16:00
Dementia Awareness	1	09/07/2020	09/07/2020	Tuesday	13:00	16:00
Maths and English	Available upon request					
Preparing to work with Sage level 1	Flexible start dates available until 31 st August					
Preparing to work with Sage level 2						
Preparing for Bookkeeping						

To enrol and secure your place, please email:

east.adultlearning@northyorks.gov.uk (if you live in the following areas: Whitby, Ryedale, Pickering, Scarborough or Filey)

north.adultlearning@northyorks.gov.uk (if you live in the following areas: Northallerton, Thirsk, Stokesley and Richmondshire)

south.adultlearning@northyorks.gov.uk (if you live in the following areas: Skipton, Harrogate, Ripon, Knaresborough and Selby)



@NorthYorkshireAdultLearning
 @NorthYorkshireAdultLearning
 NorthYorkshireadultlearning

www.northyorks.gov.uk/adultlearning